

THE TRUE COST OF LONG-TERM CARE

CARING FOR A NEBRASKA SENIOR FROM HEAD TO TOE

CARE AND SERVICES PROVIDED

- 24-hour nurse management
- 24-hour personal care assistance with:
 - Bathing
 - Dressing
 - Eating
 - Toileting
 - Mobility transfers
 - Grooming
- Medication administration
- Care supervision by a physician
- Coordination of medical appointments and benefits
- Social services support
- Individual and group activities
- Meals
- Housekeeping and laundry
- Transportation
- Personal items (e.g., shampoo, incontinence products)
- Furnishings (e.g., bed, dresser, nightstand, television)

NURSING FACILITY REGULATIONS

FEDERAL

- Medicare and Medicaid regulations
- National Fire Prevention Association codes
- Occupational Safety and Health Act (OSHA)
- Fair Labor Standards Act
- Americans with Disabilities Act
- Fair Housing Act

STATE

Medicaid

- All Medicaid Services
- Nursing Facility
- Nursing Facility Level of Care
- Nursing Facility Rates
- Managed Care

Healthcare Licensure

- All Healthcare Services
- Nursing Facility

Professional and Occupational Licensure

- All Occupations
- Nurses
- Nursing Home Administrators
- Nurse Aides
- Medication Aides
- Paid Dining Assistants

COST VERSUS REIMBURSEMENT

$$\begin{array}{r} \$291.99 \\ \text{Average Cost of Care} \end{array} - \begin{array}{r} \$242.36 \\ \text{Average Provider Rate} \end{array} =$$

LOSS OF \$49.63
PER PERSON PER DAY

According to the most recent (SFY2022) Nebraska Medicaid nursing facility cost report data, analysis by Lori Brunholtz, CPA, Forvis LLP.

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nebraska
nursing facility association

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